

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Oakwood place Assisted Living

| | | | | | | |
|---|--|--|--|---|---|---|
| | | | | | | |
| <p>9:30- Sunday service on tv (Ch. 52.1) 2</p> <p>10:00- Sunday Service (KC)</p> <p>Watch for updates, on the Ridgecrest channel (52.1)</p> | <p>9:30 - Daily Chronicles & chat (MR) 3</p> <p>10:00 – Cardio Exercise (MR)</p> <p>1:00- Matinee Movie Monday (TR)</p> <p>6:00-Musical performance: Woodwind Ensemble (KC)</p> | <p>8:30- Preferred Podiatry Group(AR) 4</p> <p>9:30 - Daily Chronicles & chat (MR)</p> <p>1:30-2:30- Culinary Council & Resident Council (AR)</p> <p>10:00 – Yoga Exercise (MR)</p> <p>10:30-Walking club</p> <p><small>Mardi Gras</small></p> | <p>9:30 - Daily Chronicles & chat (MR) 5</p> <p>1:00- Ash Wednesday service(KC)</p> <p>10:00 – Cardio Exercise (MR)</p> <p>2:00- Musical Performance: Rob Dahms (MR)</p> <p>3:00- Journaling (AR)</p> | <p>10:00 – Oakwood Town Hall meeting (MR) 6</p> <p>1:30- Cash Bingo (AR)</p> | <p>9:30 - Daily Chronicles & chat in Arcade Cafe (free coffee) 7</p> <p>10:30-11:00- Cardio Drumming</p> <p>1:30- Sound of music anniversary (watch party and snacks) (KC)</p> <p>2:00- Happy Hour</p> | <p>8:30-9:30- Observe and interact with the dogs from CM Academy- Arcade 1</p> <p>9:00- Seated Tai Chi (CH 52.1)</p> <p>2:00- Resident led Games (AR)</p> |
| <p>9:30- Sunday service on tv (Ch. 52.1) 9</p> <p>10:00- Sunday Service (KC)</p> <p>Watch for updates, on the Ridgecrest channel (52.1) <small>Daylight Saving Time Begins</small></p> | <p>9:30 - Daily Chronicles & chat (MR) 10</p> <p>10:00 – Cardio Exercise (MR)</p> <p>1:00- Matinee Movie Monday (TR)</p> | <p>9:30 - Daily Chronicles & chat (MR) 11</p> <p>10:00 – Yoga Exercise (MR)</p> <p>1:30- Musical Performance: Ray Wierson (MR)</p> | <p>9:30 - Daily Chronicles & chat (MR) 12</p> <p>10:00 – Cardio Exercise (MR)</p> <p>1:30- Musical Performance: Ryan Bizzari- KC)</p> <p>2:00- Musical Performance: Tony Hoepner</p> <p>3:00- Journaling (AR)</p> | <p>9:30 - Daily Chronicles & chat (MR) 13</p> <p>10:00 – Yoga Exercise (MR)</p> <p>10:30-Catholic Mass (KC)</p> <p>1:30- Cash Bingo (AR)</p> <p>3:00- Musical Performance: Troy Rangel (MR) <small>Purim Begins</small></p> | <p>9:30 - Daily Chronicles & chat in Arcade Cafe (free coffee) 14</p> <p>10:30-11:00- Cardio Drumming</p> <p>2:00- Happy Hour</p> | <p>8:30-9:30- Observe and interact with the dogs from CM Academy- Arcade 15</p> <p>9:00- Seated Tai Chi (CH 52.1)</p> <p>2:00- Resident led Games (AR)</p> |
| <p>9:30- Sunday service on tv (Ch. 52.1) 16</p> <p>10:00- Sunday Service (KC)</p> <p>Watch for updates, on the Ridgecrest channel (52.1)</p> | <p>9:30 - Daily Chronicles & chat (MR) 17</p> <p>10:00 – Cardio Exercise (MR)</p> <p>1:00- Matinee Movie Monday (TR)</p> <p><small>St. Patrick's Day</small></p> | <p>9:00-11:00- Manicures (AR) 18</p> <p>Contact krystal (ext. 600) if you would like them done in your room.</p> <p>9:30 - Daily Chronicles & chat (MR)</p> <p>10:00 – Yoga Exercise (MR)</p> <p>2:00- St Patrick's Day Happy Hour (Arcade)</p> | <p>9:30 - Daily Chronicles & chat (MR) 19</p> <p>10:00 – Cardio Exercise (MR)</p> <p>2:00- Cooking with Janelle (HUB)</p> <p>3:00- Journaling (AR)</p> <p>5:00- Circa 21: Heartbreak Hotel (Tell Anthony if you'd like to go)</p> | <p>9:30 - Daily Chronicles & chat (MR) 20</p> <p>10:00 – Yoga Exercise (MR)</p> <p>10:30-Walking club</p> <p>1:30- Cash Bingo (AR)</p> <p><small>Spring Begins</small></p> | <p>9:30 - Daily Chronicles & chat in Arcade Cafe (free coffee) 21</p> <p>10:30-11:00- Cardio Drumming</p> <p>2:00- Happy Hour</p> | <p>8:30-9:30- Observe and interact with the dogs from CM Academy- Arcade 22</p> <p>9:00- Seated Tai Chi (CH 52.1)</p> <p>1:00- Musical Performance Quarter moon tin snips</p> <p>2:00- Resident led Games (AR)</p> |
| <p>9:30- Sunday service on tv (Ch. 52.1) 23</p> <p>10:00- Sunday Service (KC)</p> <p>Watch for updates, on the Ridgecrest channel (52.1)</p> | <p>9:30 - Daily Chronicles & chat (MR) 24</p> <p>10:00 – Cardio Exercise (MR)</p> <p>1:30- Musical Performance: Terry Stone (MR)</p> | <p>9:30 - Daily Chronicles & chat (MR) 25</p> <p>10:00 – Yoga Exercise (MR)</p> <p>1:30- Cooking Club (KC)</p> | <p>9:30 - Daily Chronicles & chat (MR) 26</p> <p>10:00 – Cardio Exercise (MR)</p> <p>12:00- Monthly Birthday party /Lunch</p> <p>3:00- Journaling (AR)</p> | <p>9:30 - Daily Chronicles & chat (MR) 27</p> <p>10:00- Musical Performance: Janet Lieb (Gardens)</p> <p>10:00 – Yoga Exercise (MR)</p> <p>10:30-Catholic Mass (KC)</p> <p>1:30- Cash Bingo (AR)</p> | <p>9:30 - Daily Chronicles & chat in Arcade Cafe (free coffee) 28</p> <p>10:30-11:00- Cardio Drumming</p> <p>2:00- Happy Hour</p> | <p>8:30-9:30- Observe and interact with the dogs from CM Academy- Arcade 29</p> <p>9:00- Seated Tai Chi (CH 52.1)</p> <p>2:00- Resident led Games (AR)</p> <p>2:00- Musical Performance: Kelly Preston and students (KC)</p> |
| <p>9:30- Sunday service on tv (Ch. 52.1) 30</p> <p>10:00- Sunday Service (KC)</p> <p>Watch for updates, on the Ridgecrest channel (52.1)</p> | <p>9:30 - Daily Chronicles & chat (MR) 31</p> <p>10:00 – Cardio Exercise (MR)</p> <p>1:00- Matinee Movie Monday (TR)</p> | | | | | |

All Activities are subject to change, with or without notice. For any questions please contact Anthony at ext. 297