

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 ACT=Activities Gardens Memory Care RA/CNA=Staff				1 10:00 a.m. (ACT) Yoga MR 12:30 p.m. (ACT) Pictionary ACT 2:30 p.m. (Staff) Sorting 6:30 p.m. (Staff) Wheel of Fortune	2 10:30 a.m. (ACT) Cardio Drumming MR 12:30 p.m. (Staff) Outside 1:30 p.m. (Staff) Friday Films Popcorn, Lemonade and water	3 8:30 a.m. Observe and interact with dog training from CM Academy Arcade Staff 1:00 p.m. Sit outside with residents' Staff Simchat Torah Begins
4 Staff 9:30 a.m. Sunday Services on TV (channel 52.1) 10:00 a.m. Sunday Services KC 3:00 p.m. Sunday Sundaes 6:00 p.m. Movie Night	5 10:00 a.m. (ACT) Strength and Balance MR 12:30 p.m. (ACT) October Trivia 3:00 p.m. (Staff) Coloring 6:30 p.m. (Staff) Wheel of Fortune	6 10:00 a.m. (ACT) Yoga MR 2:00 – 4:00 p.m. Hippie Happy Hour Circle Drive 6:00 p.m. (Staff) Movie/snack	7 10:00 a.m. (ACT) Chair Dancing MR 12:30 p.m. (ACT) Nails 2:30 p.m. (Staff) Sorting buttons, colored pencils etc. 6:00 p.m. (Staff) Wheel of Fortune	8 10:00 a.m. (ACT) Yoga MR 10:30 a.m. (ACT) Catholic Mass KC 12:30 p.m. (ACT) Bird Feeders 6:30 p.m. (Staff) Balloon Volleyball	9 10:30 a.m. (ACT) Cardio Drumming MR 12:30 p.m. (Staff) Outside 1:30 p.m. (Staff) Friday Films Popcorn, Lemonade and water provided	10 Staff 8:30 a.m. Observe and interact with dog training from CM Academy Arcade Staff 1:00 p.m. Sit outside with residents' Staff
11 Staff 9:30 a.m. Sunday Services on TV (channel 52.1) 10:00 a.m. Sunday Services KC 3:00 p.m. Sunday Sundaes 6:00 p.m. Movie Night	12 10:00 a.m. (ACT) Strength and Balance MR 12:30 p.m. (ACT) Tessa ST. Croix 2:30 p.m. (Staff) Folding Laundry/Towels 6:30 p.m. (Staff) Coloring Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 10:00 a.m. (ACT) Yoga MR 12:30 p.m. (ACT) Celebrate treats at the table 2:30 p.m. (ACT) Ray Wierson KC 6:00 p.m. (Staff) Walk the path in the garden	14 10:00 a.m. (ACT) Cardio Chair Dancing MR 12:30 p.m. (ACT) Take a walk outside. 2:30 p.m. (Staff) activity boards. 6:30 p.m. (Staff) wheel of fortune	15 10:00 a.m. (ACT) Yoga MR 12:30 p.m. (ACT) Fall craft 2:00 p.m. Lewis Knudsen KC 3:00 p.m. (ACT) Troy Rangel MR 6:00 p.m. (Staff) Walk the path in the garden	16 10:30 a.m. (ACT) Cardio Drumming MR 12:30 p.m. (Staff) Outside 1:30 p.m. (Staff) Friday Films Popcorn, Lemonade and water provided	17 Staff 8:30 a.m. Observe and interact with dog training from CM Academy Arcade Staff 1:00 p.m. Sit outside with residents' Staff
18 Staff 9:30 a.m. Sunday Services on TV (channel 52.1) 10:00 a.m. Sunday Services KC 3:00 p.m. Sunday Sundaes 6:00 p.m. Movie Night	19 10:00 a.m. (ACT) Strength and Balance MR 1:30 P.M. (act) Nahant Marsh MR 6:00 p.m. (Staff) Wheel of Fortune	20 10:00 a.m. (ACT) Yoga MR 12:30 p.m. (ACT) Noodles/Balls 2:00 p.m. (Staff) Happy Hour on the Patio 6:30 p.m. (Staff) Puzzles	21 10:00 a.m. (ACT) Cardio Chair Dancing MR 12:30 p.m. (ACT) Painting 2:30 p.m. (Staff) Activity Books 6:00 p.m. (Staff) Outdoor walk	22 10:00 a.m. (ACT) Yoga MR 10:30 a.m. (ACT) Catholic Mass KC 2:00 p.m. (ACT) Janet Lieb MR 6:00 p.m. (Staff) Snack/conversation	23 10:30 a.m. (ACT) Cardio Drumming MR 12:30 p.m. (ACT) Outside 1:30 p.m. (Staff) Friday Films Popcorn, Lemonade and water provided 6:00 p.m. (Staff) Outside Patio walk	24 Staff 8:30 a.m. Observe and interact with dog training from CM Academy Arcade Staff 1:00 p.m. Sit outside with residents' Staff
25 Staff 9:30 a.m. Sunday Services on TV (channel 52.1) 10:00 a.m. Sunday Services KC 3:00 p.m. Sunday Sundaes 6:00 p.m. Movie Night	26 10:00 a.m. (ACT) Strength and Balance MR 12:30 p.m. (ACT) Outside 2:00 p.m. (ACT) Terry Stone MR 6:00 p.m.- Music / Walking	27 10:00 a.m. (ACT) Yoga MR 12:30 p.m. (ACT) Coffee and conversation 2:00 p.m. (Staff) Puzzle at the table 6:00 p.m. (Staff) Wheel of Fortune	28 10:00 a.m. (ACT) Cardio Chair Dancing MR 12:30 a.m. (ACT) Paint a Pumpkin/Oct. Birthdays 2:30 p.m. (Staff) Activity Books 6:00 p.m. (Staff) Outside	29 10:00 a.m. (ACT) Yoga MR 12:30 p.m. (ACT) Decorate walkers for Halloween 5:30-7:30 p.m. (Staff) Trick or Treat Arcade hallway.	30 10:30 a.m. (ACT) Cardio Drumming MR 12:30 p.m. (Staff) Outside 1:30 p.m. (Staff) Friday Films Popcorn, Lemonade and water provided	31 Staff 8:30 a.m. Observe and interact with dog training from CM Academy Arcade Staff 1:00 p.m. Sit outside with residents' Staff Halloween